

FOUNDATIONAL VERBAL SKILLS

FROM

THE INSIDE OUT

A Skill Enhancement Workshop for Holistic
Practitioners

Call for Information 760-402-6082

Pre-Registration Required

For Holistic Professional and Touch Therapist

Limited enrolment to 14 students

Cost : \$450.00 Brook Olsen H.H.P./S.E.P.

Location

Valley Center

(If you have questions contact Brook @ 760-402-6082)

Simple verbal contact techniques may be employed by the skilled therapist to greatly enhance the effects of a session. Adapting techniques from Eugene Gendlin (Focusing), Peter Levine (Trauma Resolution) and Michael Mamas (Transgradient tm Counseling), this workshop explores non-invasive, non-cathartic ways of supporting clients in resolving deeply-held energetic patterns and relational issues. We will be working with, and exploring the field we create and learning to use our words and listening skills to help our client open to and explore their healing experience. Also tracking through our own bodies and hearts as we set and hold stillness from within for our client to reflect from.

APPLICATION FOR VERBAL SKILLS CLASS

NAME _____

ADDRESS

City/zip _____

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PHONE _____

EMAIL _____

AGE _____ PROFESSION _____

Who recommended this work to you?

What training and experience do you have in cranial work, bodywork, trauma work, and anatomy, psychotherapy ECT?

What is your purpose for taking this workshop?

Please initial the following.

_____ I take responsibility for my well being during and after the workshop.

_____ I am in good physical, emotional and mental condition.

_____ I understand that all the shared material from other participants in this workshop is confidential.

Signature _____ Date _____

Send this completed form with \$200.00 non-refundable deposit (this will be deducted from course tuition total), to Brook Olsen at 28481 Gordon Hill Rd., Valley Center, CA 92082. Make check payable to Brook Olsen.